

Cyberians and Future Cyberians,

Packing for Burning Man is serious business. Please pay attention to the recommendations below, do your own additional research, and absolutely take your packing and preparation seriously. The Black Rock desert temporarily becomes Black Rock City which is built upon an alkaline playa that <u>can damage your skin</u>, and <u>lungs</u> if you do not take special precautions, so read this entire packing list as though your good health and well-being depend on it. In addition to taking your packing seriously, there are three additional requests we have:

- 1. You are required to read the 10 principles of Burning Man,
- 2. and the Survival Guide before you get to Burning Man (it's that important)

Below we've outlined exactly what you need to pack in 2 parts plus there is <u>a list of items you are not allowed to bring</u> located at the bottom of this PDF that WE and the BURNING MAN organization ask that you NOT bring.

PART 1: thorough and detailed list

PART 2 quick-reference list (so you can skip the details)

Collectively we've been camping for the past 10+ years and have been in extreme cold, rain, and heat – please know that the playa is unpredictable and you should be ready for any experience nature may bring to the table come rain or shine!

We are all so excited you have decided to come to Burning Man and choose to spend a little bit of your time within the Cyberia community

Sincerely, Takoda, Jhana, & Saphira

WHAT TO PACK FOR BURNING MAN

(Detailed)

Clothing

You should wear clothing that will protect you from the sun. At night you need to bring clothing that will keep you warm (fur coats are a big deal, waist length). Less clothing during the day and more clothing at night will keep your body temperatures fairly regulated. A past member of our camp nearly froze (not really, but he was cold) because he brought no jacket or warm attire for night time. Bring Ziploc bags for dirty undergarment storage. Bring shoes (most wear boots) & socks. Sure people walk barefoot, but they can get "playafoot" (dry, cracked, & peeling) from the alkaline desert dust. Avoid this, please.

Outfits! Try to dress according to this year's theme or our camp theme, which is Cyberia - think ice, snow and technology. If you want to merge the two and create beautiful artsy outfits we highly recommend it. And, if you don't really want to, then don't. Express yourself as you desire. No one will judge you if you want to wear a t-shirt or go naked the entire week either it's all fair play.

- **Goggles** (protect your eyes)
 - o Get a pair for a bright sunny day (UV protection) and a pair for a dark night (clear) goggles are a

- This one item will impact your experience so much (along with a face mask, please bring it!)
- Sunglasses
- Hat or parasols
- Dust mask or insect shield
 - Insect shield is a tubular cloth works wonderfully around the nose, mouth and neck to protect your lungs from playa dust. Note: REI has insect shield masks! Home Depot's hardware and paint departments have masks too
 - We NEVER ride a bike without this thing around our neck because you never know when a white out might happen, or a dust wicks up onto your face
 - Past members have reported <u>needing lung therapy</u> after Burning Man for not wearing these types of masks

<u>A note about bugs</u>: Generally, there are no bugs on the playa, except those that get caught inside of cars and make their way there. With the rain from this year, there may be large numbers of "fairy shrimp" but once rains evaporate nothing survives on the playa.

Skin

While in the desert you'll be surrounded by and repetitively touched by the alkaline dust. This alkaline dust can do damage to your skin and give your feet "playa foot" or your hands, "Playa hands". This is a condition in which your skin loses its natural pH balances and begins to crack and peel. To counter the alkaline dust's impact, you can use vinegar daily. Just wash your hands, apply vinegar, and a sealing lotion of sorts. Recently we located Lavender + Vinegar wet wipes that you can purchase a box of. The vinegar is already in the wipe and lavender too. If that doesn't suit your fancy, you may want to bring a small bottle of vinegar with you and have gloves for a variety of purposes!

Toiletries

Camp Cyberia does NOT intend to bring communal shower soap or shampoo/conditioners. Please pack your week's worth of environmentally friendly soap and shampoo, a towel and face wash. You will likely only need one bath towel because it dries in the sun fairly quickly.

Do you wear contacts? See if your eye doc can get you the sample pack of "Cleaning & Disinfecting Solution" (brings contacts back to original state). And then bring two or more pairs of contacts. If you have daily contacts, then no worries! One of the easiest ways to apply contacts is by using a disposable glove, so pack some (your hands may become very crusty, and you won't want dust in your eye.

Other toiletries to bring:

- Toothbrush, toothpaste
- Deodorant (if you want).
 - Not really necessary because most people don't care if you stink, and you will stink. So, no judgment about it.
- If it applies to you: tampons/pads (more on this in next section)

Restroom FYI

There are plenty of restrooms, and sanitizers all around the playa. You may want to pack your own sanitizer though. There's tons of toilet paper on the playa too. But, let's just say you have one of those restroom stops where toilet paper will not suffice – it may be best to use *water tissue*, aka name brand "wet wipes". After you've used wet wipes, you can not throw it into the port-a-johns/potty. You must take it with you. Ball it up in your hand, or stuff it in your handy-dandy Ziploc bag to trash at Camp Cyberia's trash bin! This is following the 10 principles. Keep the Wet Ones with you, keep some trash compartment with you.

(Note: tampons/pads cannot be trashed or flushed in the port-a-johns, just put them into your plastic baggie and then take them with you and trash at camp, PLEASE DO THIS for the love of the PLAYA!)

Food

Bring a week's worth of your favorite snacks to hoard or share. Our camp will have a variety of snacks like Nutella and peanut butter, graham crackers, assorted nuts, fruit snack gummies & bars, coconut water, fruit juices, and more. You may find yourself hungry late at night, and if snacks don't do it for you and our main kitchen is closed, you will be able to use

our communal kitchen to whip up something if you like. Also, you will find tons of places on the playa supplying you with pizza, fresh fruit smoothies, hotdogs, grilled cheese, and more – just search in the "What Where When" guide book when you arrive to the playa or search for these types of events in June online at **playaevents.burningman.org** GUIDEBOOK you'll get when you arrive.

Sleeping & Staying Warm

When you join Cyberia you decide how you want to sleep (Tent, RV, communal space). If you are selecting an RV, you need to email us, as we go through one vendor who is trusted. If you're in an RV then your bed will be made up and ready to go.

If you're bring a tent be certain it is not taller than 8 feet high, and no more than 10 feet by ten feet at the base. For the tent, be sure to pack your sleeping bag, pillow, and padding to go under your sleeping bag. If you don't care for too much privacy, you can stay in our communal space where anywhere from 5-15 people sleep together communally. Just bring your pillow and sleeping bag for this space! At night if you're sleeping in a tent or the communal space please have socks, sweatpants, and a sweatshirt or coat in case it gets chilly. Also we **HIGHLY recommend you bring hand-warmers**, the kind you break open and they automatically heat you up. Place these in your sleeping bag and come back to a warm space at night. Please come to the playa prepared, we never carry extra sleeping bags.

Miscellaneous

Camp Cyberia will provide bowls and plates this year, but not Utensils. Please pack your own set of knives, forks, spoons, and be prepared to wash them yourself after each meal. Also bring your own mug for coffee and your own beverage container (with a lid) with a <u>carabiner clip</u> so you can keep it on you when you ride your bike around the playa. After meals you will wash your utensils and hang dry in your sleeping quarters store (tiny mesh bag is helpful for this). Do not bring the cheap disposables at all because it creates more trash which we are responsible for hauling out. We are a camp that aims to reduce the amount of trash we bring to the playa for several reasons. Please bring your own items in sturdy plastic or tin.

• Lights

- Headlamps: these are a strong powered lights that your wrap on your forehead with a band. They do not light your backside, but they are great for giving you more light while walking or riding your bike at night. They will help prevent you from crashing into darkwads (those who have zero lights on their body)
- Body lights: You need to <u>avoid being a darkwad</u> by lighting your body. We suggest you avoid using glow sticks as your main source of light because they only last a few hours and they are not strong, and they create trash/moop. Instead select battery powered LED lights in colors of your own choosing. They range just about \$5 for a 6 foot string of lights that will make you visible on Amazon or can be found at Wal-Mart in Reno for higher prices.
- <u>Bike lights</u>: Just as your body needs to be lit, so does your bike, especially when you are out dancing and you come back to look for your back and in a sea of a 1000 bikes and suddenly you can't find yours...so bring decorations that are not going to create trash or "MOOP" or fall apart on the playa

Camel Back

Water! Carry it around and drink water from it, or coconut water or other mineral drink source, so you get electrolytes. <u>Drink 1 to 1.5 gallons daily on the playa</u> or else you'll get dehydrated and puke yourself sick. Make sure you also keep your minerals in check with your water consumption. This means, <u>avoid drinking so much water that you lose your minerals</u> (electrolytes), but drink enough water to maintain your hydration. Practice drinking this much water before you come to the desert. Conditions in the desert can be quite harsh.

• Pockets/Fanny Pack/Utility Belt

- O Do you like liquor? beer? If you want to drink it on the playa from other camps you HAVE to show your ID. There are also orgy domes that require ID as well, so if you want to ensure you get in, keep your ID on you in a fanny pack or fashionable utility belt of sorts. And DON'T lose it. Also use the pockets to store chap stick, trash, and anything else you might fancy carrying, like your camera...
- o Lost And Found: There is a Burning Man Lost and Found so properly label everything (Include that you are camping at Camp Cyberia and our address on these important items so you get your stuff back!)

Folding chair

- o Optional to bring, we generally have plenty of seating
- O Note: Dinner we will be seated on carpets, no need for chairs

Medication

• We will have a first aid kit, (stored in the kitchen for basic bandaids/cuts/Tylenol meds) - But, please bring necessary medicines you are certain you will need

• Ear Plugs

O Burning Man is a 24/7/7 event so, if you're sensitive to noise, bring them along – however, many of us usually sleep like babies

• Cell phones and Computers

- O Generally speaking cell phone receptions and internet accesses will not be reliable at all, but you may run into a few camps that will have some wireless internet access Cyberia will not have access to internet
- O So we important, we mention it twice: Label your cell phone with a sticker that states the name of our camp, and our location "If lost, please return to Camp Cyberia at X and X) this will hopefully ensure that you get your phone or other items back if you lose it in the dust
- Our recommendation is to turn off your and disconnect from the internet so that you can start connecting with your inner self and with others. By making the commitment to disconnect, you will open doors to new possibilities, making new connections you thought never possible.

• Cameras & Batteries

There will be a lot of particle-dust throughout the entire time of your stay on the playa. This dust can damage your expensive electronics, including cameras. So, use Ziploc bags to keep your cameras from getting tiny particles into your expensive components. We would recommend leaving your expensive camera at home and bringing something you wouldn't mind losing or getting dusty.

A note about bicycles: Bicycling is the main mode of transportation on the playa. If you've not been on a bike in a while, and you're getting a bike with us or bringing in your own, please make sure you take time to practice riding it now so you are comfortable (and are able to build muscle so you can endure the week). A lot of our excursions at night together require that everyone ride a bike. Also, **you must bring a bike lock in order to lock up your bike**, otherwise you will lose your bike and no longer have transportation during the week. We do not supply bike locks.

<u>A note about electrical power</u>: yes we will have some source of power for you to charge small electronic items like cameras, phones throughout the week. There are solar powered phone chargers available online for about \$20 USD you might also find handy to have for your own personal use as well (we are a camp of 100 – sometimes all outlets might be used all at once).

WHAT TO PACK FOR BURNING MAN

(List version condensed from above)

CLOTHING	 protective clothing (hot sunny days, cold night) shoes/boots & socks Fur/faux fur (to keep warm at night) Coats Outfits (in alignment with Cyberia or Burning Man Theme) Sun-goggles/night-goggles (Army Surplus/Navy Surplus will have these or shop online) Hat/parasol (one that won't fly away) dust mask or insect shield [@ REI store])
TOILETRIES	 environmentally friendly soap, shampoo/conditioner bath/face towels toothbrush and toothpaste Deodorant (or not) tampons/pads (if applicable) plastic zip-lock bags (use for: dirty undies, restroom wet wipes, collecting trash, disposing tampons)
	 wet wipes (not just for restrooms, they suffice as a nice shower too)

RESTROOMS	 Lavender & Vinegar Infused WetWipes may be best!
	Plastic zip-lock baggies (for disposing trash while at restroom or trash in general)
FOOD	• Snacks for a week's worth to hoard or share (optional, but highly recommended)
SLEEPING	 Pillow Sleeping bag (for tenters and group communal space sleepers) Air Mattress/padding for underneath your sleeping bag
MISCELLANEOUS	 Durable fork, spoon, knife (we will provide plates and bowls, but if you want to cook in the communal kitchen, then bring your own plate and bowl as well) Coffee mug (if it applies) Cup with a lid and carabineer clip that you can clip onto your person Camelback Utility belt/Fanny Pack (to carry id, and cup at all times) Headlamp Earplugs Bike LED lights Body LED lights Hand warmers (the kind you open and that keep you heated, it can get very cold at night) Bicycle lock (if you rent a bike with us, you need a lock, so bring it)
DO NOT BRING All the do-not-bring items create trash or "MOOP" (MATTER OUT OF PLACE) and to bring these items is to reject the Burning Man Principle of Leave NO Trace. Please do your part to honor this principle of Burning Man.	 Guns Fireworks Feather boas & feathers that easily break apart/shed (not good) glitter (if outfit or shoes are made with glitter, do not bring it live plants sequins